



# FRANCOFOOT

A SCILT | University of Stirling  
British Academy project

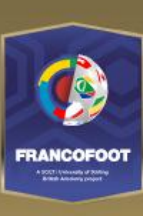
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# CALCIAMO



**COMPETITION GUIDE**  
**2025 - 2026**



This guide to Francofoot/Calciamo 2025-26 will answer the following questions:

- **What is Francofoot/Calciamo?**
- **Who is it for?**
- **Why should we do this in our school?**
- **What do we have to do?**
- **What happens if we are shortlisted for the final?**
- **Are there resources to help with this?**

### **What is Francofoot/Calciamo?**

Francofoot and Calciamo are the current two branches of a national competition organised by Scotland's National Centre for Languages (SCILT) which combines interdisciplinary learning in French or Italian, and Physical Education. Expansions are planned for German and Spanish; watch this space!

This has been developed as part of a research project by the University of Stirling, funded by the British Academy. The project aims to address the gender gap in language uptake at secondary level by reframing the languages curriculum around the theme of Health and Wellbeing, and specifically football.

The resources and competition element aim to inspire BGE pupils to learn languages by connecting them, and the countries in which they are spoken, to the high-profile environment of professional football.

### **Who is it for?**

Francofoot and Calciamo are aimed at BGE learners in S2 and S3 studying French and Italian respectively.

### **Why should we do this in our school?**

Francofoot and Calciamo give learners the opportunity to use football as a vehicle to learn about the language, cultures and geography of different French- and Italian-speaking countries. It highlights the global and interconnected nature of professional sport in a motivating, practical way by delivering language learning through real-life experiences. It highlights the immediate practical application of language skills, as well as offering a deeper insight into the range of jobs that young people can aspire to in professional sport if they equip themselves with the ability to communicate in another language and develop intercultural awareness.





The nature of the competition elements means that it also helps learners to develop:

- Communication skills
- Confidence
- Critical thinking
- Teamwork
- Health awareness
- Mental wellbeing
- Literacy
- Intercultural awareness

Please note, prior experience of playing football is not a requirement! The competition focus is more on language learning in the wider context of health and wellbeing. Learners with more knowledge or experience of football can support their teammates in this regard in the appropriate areas though.

### What do we have to do?

Entry to the first stage of the competition requires two elements which could be prepared during class (languages and/or PE), in an extracurricular context or as an enrichment activity.

1. A video of a simple football training drill carried out in the target language
  - Learners work in teams (minimum 4, maximum 5) to prepare a video in the target language of a football training drill.
  - Each team should decide on a team name.
  - The team should design and carry out their own drill, lasting 1-2 minutes.
  - Each team member should both speak in the target language, and take part in the drill.
  - Teams much use a football or footballs in their drill, and may use other relevant items such as cones, hoops etc as they wish.
  - Once prepared and practised, the drill should be filmed in mp4 format ready to submit to SCILT.
2. An A3 poster which will form the basis of a group presentation: Ma Vie de Footballeur (Francofoot) or La Mia Vita Da Calciatore (Calciamo).
  - Prepare an A3 collage-style poster on the theme of Ma Vie de Footballeur/ La Mia Vita da Calciatore. This should show, in the target language, what the team considers key to health and success as a footballer.



- This poster will form the basis of a presentation that will be given by shortlisted schools at the final event.
- The poster can be created using digital components (pictures, printed text etc) but should be created as a physical poster.
- Text on the poster should not be in the form of an essay or script; rather, it should consist more of bullet points, short snappy sentences and sections of text that highlight the key areas that would be covered in the final presentation.
- Areas covered could include health and fitness, sports and hobbies, food daily routine, suggestions for positive mental health, or any other relevant areas chosen by teams.
- Teams can cover as many different areas as they choose, remembering that the final presentation will last no longer than 5 minutes.
- Once complete, take a clear photo of the poster ready to submit to SCILT.

The completed video, photograph of poster, and entry form for each team must be submitted to SCILT ([scilt@strath.ac.uk](mailto:scilt@strath.ac.uk)) by **Friday 8 May**. Shortlisting will take place and schools will be informed of the result week beginning **Monday 25 May**.

### **What happens if we are shortlisted for the final?**

The final event will take place at the **University of Strathclyde, Glasgow** on **Tuesday 9 June, 10.00 – 2.00 (approx.)**.

#### Competition Final

There will be two elements to the final, reflecting the two parts to the competition.

1. Participation in a football training drill in the target language. The same instructions will be given to each team, and they will have a fixed time to prepare. They will then carry out the drill in competition with one another. Judges will be looking for speed, accuracy of language and of technique and teamwork.
2. A presentation in the target language, lasting no more than 5 minutes, explaining the key elements of a healthy and successful footballer's life. Each member of the group should take part. The delivery can take any format chosen by the group.

More information and guidance will be provided ahead of the final.





### **Are there resources to help with this?**

Yes there are! A key output of this project is the creation of authentic French, Italian and PE resources that can be used directly in class. The French and Italian materials cover all four skills in a dynamic and engaging package of learning experiences. These are divided into three broad themes (My Sports Profile, My Health and Training) which contain material and lesson plans for ten lessons. There are also other support materials such as vocabulary in both project languages for football drills.

Due to a shorter timescale in this introductory year to fit with the dates of the funded project, there is no requirement for the resource materials created for Francofoot and Calciamo to be used before teams can enter the competition! These resources are designed to support the competition as an interdisciplinary learning experience; professional learning and further guidance on using the materials in your own context will be available in May to allow fuller planning for next session. You are, of course, welcome to use any of them that are helpful for you in preparing for the competition, but this is not a requirement.

**If you have any questions about any aspect of the competition, please contact [sheena.bell@strath.ac.uk](mailto:sheena.bell@strath.ac.uk).**

**We look forward to seeing your entries!**

